Pesto

Ingredients

1 cup firmly packed basil leaves
1 cup brazilian spinach from the garden
½ cup extra virgin olive oil, plus extra to seal
¼ cups sunflower seeds
2 cloves garlic, crushed
Sea salt
60 grams parmesan, grated

Method

Put basil leaves, olive oil, pine nuts, garlic and salt in a blender or food processor and blend/process until smooth.

Stop the machine once or twice and scrape down the sides with a spatula.

When evenly blended, scrape the green paste into a bowl and stir in cheese.

Ready to serve